



Workshop Series
LIVING GREEN
EARTH-FRIENDLY ADVICE FOR HOME & GARDEN

Greener Choices to Reduce Hazards in the Household

Saturday, Aug. 14, 1:30 – 4 p.m.
Mesa Main Library, 64 E. First Street

Course Description

Allergies, asthma, headaches and fatigue can all be related to your indoor air quality. In this interactive workshop you will learn about some of the chemicals that are in your home and personal care products and how they might contribute to your overall health, the environment, and your wallet. Discover what's in typical household cleaners and how to make or purchase those with safer ingredients. The program will also cover household products such as paints, and furnishings and the importance of proper ventilation. And, you'll learn how to recognize those that might only be 'green-washing' for marketing purposes.

No registration is necessary and the class is free! Call (480) 644-4400 for more information.

Speaker Bio—Stacy Wilde

Stacy Wilde is a speaker, author and eco-preneur committed to sustainability and living in an earth-friendly manner. She is a LEED Accredited Professional, a Certified Sustainable Building Advisor and Sustainability Consultant for her company, Syner-Green. Her passion is to help convince skeptics why green pays off and makes good economic sense. Stacy is one of the founding members of the Green Chamber of Commerce, a former Advisory Board member for the Green Roundtable at the Greater Phoenix Chamber of Commerce, as well as member of the Green for Schools Advocacy Committee for the Arizona Chapter of the US Green Building Council.

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